

Corrie Woods

*Motivational Speaker, Certified Retreat
Leader,
Women's Self-Care Guide*



What if ...

a handful of words could make a difference in your day and your life?

What if ...

in a few precious moments you could experience a sense of connection with other women, be inspired, feel uplifted, and embrace new ideas and possibilities for living a life you truly love?

Corrie is a speaker and workshop leader who breaks down the barrier between the stage and the audience by reaching out and touching women's lives. She creates a sense of an intimate women's circle, no matter the size of the group. Her passions are overcoming the common hurdles that get in the way of taking great care of ourselves, and providing practical ways we can step up our self-care and step up our lives.

Favorite Programs

Catch Your Breath and Catch Up With Your Life!

Skills to help you slow down long enough to enjoy the view

Self-Care Mastery for Women:

Take great care of you to have a great life!

The Woman's Field Guide to Exceptional Living:

Practical Steps for Living a Big, Bold Beautiful Life!

Invite Others Over to Play:

How transforming your relationships can transform your life

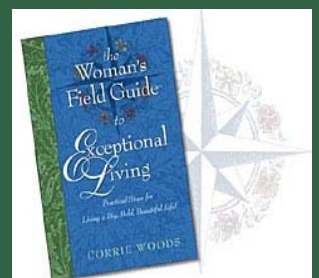
Stand in the Spotlight!

It's time to show up and to take center stage in your life!

Corrie Woods is a Women's Life Coach, Author, and Inspirational Speaker.

- ◆ She supports clients nationwide through her coaching services, workshops, and self-care retreats.
- ◆ She inspires women worldwide through her online resources, presentations, and her new book,

**The
Woman's
Field Guide
to
Exceptional
Living**



You know magic is happening when you hear participants say ...

"I needed it, loved it and grew from it. It was almost magical how much insight I gained from the first hour on!" - Sarah Huff, owner, Butterfly Creek Inn, Self-Care Retreat participant

"I really appreciate the wisdom you have shared with our group. I know today's message will be helpful in changing lives in such positive ways." - participant, Women Inspiring Women

"Corrie's gentle guidance through the workshop process makes 'coming to class' feel like a retreat. She sets a welcoming atmosphere which opens the space for authenticity and safe exploration. Her materials are clearly written and organized for ease of learning. "Gift" yourself by joining her."

- Michelle Burns, retreat leader, Life and Business Coach, workshop participant

"This group is a must for any woman on a journey of self-discovery."

- Jo Hatcher, marriage and family therapist, workshop participant

"Corrie inspired our group to step right up and get serious about taking great care of ourselves, and she did not stop there - she provided practical things we can start doing today. The applause said it all! "

YMCA Area Director

Past Clients Include:

- ◆ Southeastern Women's Time for Our Power Conference
- ◆ Women Inspiring Women - Keynote
- ◆ YMCA - Workshop Presentation
- ◆ Girl Scouts of America Regional Staff Retreat
- ◆ Guest Speaker on Dr Carol Lieberman's Radio Broadcast

"Highly recommended!"

Elizabeth Bowers, Self-Care Retreat participant

Corrie's passion is supporting women in designing and living lives they love. Her presentations are perfect for:

- ◆ Keynote Speeches
- ◆ Women's Groups and Organizations
- ◆ Conference Breakout Sessions
- ◆ Customized Workshops or Retreats
- ◆ Panel Discussions
- ◆ Radio and Television Audiences



Invite Corrie TODAY!

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Availability: Nationwide, travels from Western NC